

St Mark Youth

Souled Out Summer 2024

June 3-7 - Laguna Beach, FL

Souled Out is a Christian conference for middle and high school students. It is held at Laguna Beach Christian Retreat on the west end of Panama City Beach, Florida, and it focuses on students deepening their relationship with Christ. Morning and evening worship with speakers set the tone for each day. The conference is discipleship-oriented, and each student will participate in a D-Group (disciple group) made up of students of their grade and gender. Each D-group is led by college-age Disciple Leaders (D-Leaders) whose focus is helping students open up and grow closer to Christ. Lots of free time is scheduled into each afternoon for individual activities such as swimming at the pools or beach, playing in the basketball/Ultimate Frisbee/volleyball tournaments, competing in the strong man/woman contest, or just hanging out and relaxing! Souled Out is the perfect setting for students to open up and be real before God and with each other.

This year's theme is "**FIRE**"

"But if I say I'll never mention the LORD or speak in his name, his word burns in my heart like a fire. IT'S LIKE A FIRE IN MY BONES!"
JER 20:9

Worship will be led by Jonathan and Lisa and their band, MOORE. Along with Mike Marshall and Mallory Lang!

To register for Souled Out, please complete the attached registration form, honor code, and medical release, and turn them in along with your \$100 "Promise to Pay" deposit by: MARCH 1, 2024

Sunday, May 1st --- Final deadline for all students to turn in their registration form and the remaining balance of \$385

You may bring your registration form and Promise to Pay to any youth meeting youth or the church office Monday-Thursday 9:00 a.m.-2:00 p.m. or email it to youth@stmarkumc.com.

- Please KEEP the first 7 pages of this packet -

Specifics

DATES

Monday, June 3rd through Friday, June 7th

LOCATION

Laguna Beach Christian Retreat Center - 20016 Front Beach Road - Panama City Beach, Florida

FEES

Total cost \$385

\$100 deposit

REMAINING BALANCE

Balances remaining after your \$100 Promise to Pay are due by **Sunday, May 19** at the **Pre-Retreat Meeting**. Bring your forms and payment to any Saturday or Wednesday youth or church service, to the church office Monday-Thursday 9:00 a.m.-2:00 p.m., or Email forms to youth@stmarkumc.com and bring payment separately.

THE PRE-RETREAT MEETING

We will meet at the youth building on SUNDAY MAY 19th at 6:15. **This meeting is mandatory for all youth attending Souled Out and for a parent of each youth, even if a student has been to Souled Out many times.**

TOTAL COST INCLUDES:

- Travel to and from camp on a charter bus and additional vehicles
- Meals at camp - dinner first night and 3 meals a day for the 2nd, 3rd & 4th days and breakfast on Friday before we leave. **(Lunch at the Dothan mall on the way there and back is *not included* in total cost.)**
- Room/Board/Beach Accommodations
- Souled Out T-shirt
- Bible Study and other materials
- Moore Band
- D-groups
- Passionate worship and powerful messages
- Recreation

DEPARTURE

On Monday, June 3rd we will meet at Pierce Chapel UMC at **10:30 AM** in the Barn for our **departure meeting**. We will leave no later than **11 AM**, so don't be late. We will travel via charter bus with adults driving chase vehicles/extra transportation.

RETURN

On Friday, June 7th, we will return to Pierce Chapel UMC for pick up around **4:30 PM**. We will have students text/call with updates when we leave Dothan and when we are about 30 minutes out from the church.

SAFETY

Church and Souled Out personnel closely supervise activities. Medical facilities are nearby. Safe Sanctuaries will be observed, including the buddy system. Ocean swimming will follow the beach lifeguard's instructions and the Panama City Beach flag system.

Seawind Medical Clinic - 16181 Panama City Beach Parkway, 850.249.1000 (3 miles).

Gulf Coast Medical Center - 449 W. 23rd St., 850.769.8341 (15 miles).

CVS Pharmacy 17172 Front Beach Rd (850) 234-7874 (3 miles).

COMMUNICATION

Chaperone numbers can be given upon request at the Pre-Retreat Meeting. The rooms at Laguna do not have phones. Emergency messages can be relayed to your child if they do not take a cell phone. 850-234-2502 is answered from 8am to 12 midnight CST. After midnight, the answering machine has an emergency number.

Students are allowed and encouraged to bring their cell phones, but they will have limited access to them for large portions of each day while we are in sessions, discipleship groups, on the beach, etc. ***Parents, please do not expect your student or our chaperones to be able to respond immediately if you contact us.*** It's harder than ever to create sacred time and to disconnect from daily stressors. The better we can facilitate a retreat environment of relief, rest, passionate focus, and time for healing, the more meaningful and helpful the experience will be for your student and our group as the body of Christ.

CAMP STORE/SNACK BAR

A camp store sells Christian t-shirts, jewelry, sunglasses, batteries, suntan lotion, gifts, soda, snacks, and almost anything else you would ever need at the beach. A snack bar also sells slushies, candy, ice cream, nachos, hot dogs, pizza, hamburgers and French fries. Students should bring some extra money for any forgotten needed items and if they want to purchase snacks and souvenirs.

MERCH TABLE Jonathan and Lisa, Jordan, and Lee will have T-shirts, CDs, books, etc. for sale. Students should bring some extra money if they want some cool gear to support these ministries.

Souled Out - What to Bring

- Bible, notebook, and pen
- Flashlight
- Sun Block (please remember Sun Block)**
- Twin bed sheets and a blanket – or – sleeping bag
- Pillow and pillowcase
- 2 Towels (bath and beach) and washcloth
- Clothes for five days...(beach weather, remember to be modest)
- Spending money for T-shirts, CDs, snacks, souvenirs, etc.
- \$ for snacks and lunch on the way there and the way back...(fast food)
- Phone
- Chapstick with **Sun Block** in it
- Toothbrush, soap, shampoo
- Personal items (these are good to pack with your **Sun Block**)
- Swimsuits: Guys –Bring swim trunks that fit! No Speedos or euro-guy tights. Girls – one-piece swimsuit or tankini with modest coverage
- If your adult chaperone snores, you may want earplugs! :)
- An open heart and good attitude underneath **Sun Block**
- Yourself, covered in **Sun Block** (In the case you forget yourself, we will not be going back for you, you will have to make do without yourself for a week)

Souled Out – What not to bring (also what not to purchase while on the trip)

- Electronics (Other than your phone at approved times.)
- Drugs, alcohol, tobacco products, knives/weapons of any kind, lighters (which includes anything that can create a flame), etc.
- Large Water Guns, water balloons, fireworks, or shaving cream for use other than shaving. (You may ask, does that mean small water guns are allowed? Why, yes, yes they are.)
- Skateboards, camp rule, sorry.

Camp Rules

1. Have a great time!
2. Be on time for all scheduled events.
3. No guys in girls' cabins, no girls in guys' cabins.
4. Modest dress in general.
5. Bring a Bible, pen, and camp book to all sessions and D-Groups.
6. Bathe at least once a day whether you think you need to or not. Jumping in the ocean does not count. Jumping in the pool does not count. Only lather, scrub and rinse in a shower counts. 😊
7. Respect other people's belongings...leave them alone. Don't touch, take, borrow, or use in any way without asking.
8. No drugs, alcohol, tobacco products, or knives/weapons of any kind.
9. Keep cabins clean for the love of your belongings and everyone's noses!

Get ready, God wants to touch your life through this retreat! Check out the Souled Out Website @ www.souledoutconferences.com

- KEEP EACH OF THE ABOVE PAGES -

St Mark Youth

Souled Out Summer Registration Form

Please fill out the below information if you will be attending Souled Out Summer 2024. **Please turn in your forms and the \$100.00 'Promise to Pay'** by MARCH 1. Bring your forms and payment by check to any Wednesday youth or church service, to the church office Monday-Thursday 9:00a.m.-2:00p.m, or Email forms to youth@stmarkumc.com

Student Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Parent Cell #1: _____ Parent Cell #2: _____

Emergency Contact Name: _____ Phone: _____

School: _____ Current Grade: _____

Parent Email: _____

T-Shirt Size: _____ (All shirts are adult sizes)

REMAINING BALANCE is due **May 19th**. The \$100 PROMISE TO PAY plus \$285 = **\$385 per person total**.

We are planning a group fundraiser soon, but we cannot guarantee the amount your student may receive.

Scholarships are available to help offset some of the cost to families. To request a scholarship, contact Blaine at youth@stmarkumc.com or 706-325-0561

By paying the 'Promise to Pay' amount of \$100, you are committing to pay the remaining amount of \$285 regardless of whether or not your student attends the retreat. **All fees are non-refundable. By signing this form, you are acknowledging that these fees are non-refundable and agreeing to pay the full amount of \$385.**

Signature of Parent/Guardian: _____ Date: _____

Honor Code

I, _____ understand and will comply with the guidelines set forth by Blaine and other chaperones and leaders.

- 1.) I acknowledge that the possession and or use of alcohol, tobacco products, inhalants, and other drugs, foreign or domestic, are strictly prohibited.
- 2.) I will be where I need to be on time and will not be where I don't need to be at other times.
- 3.) I will respect the leaders, a leader being classified as anyone I tell you to obey, which will mean anyone out of high school who is accompanying us on our trip because we trust them.
- 4.) I will treat my fellow St. Mark Youth Members and their possessions with love and respect.
- 5.) I will not complain but will go to Blaine and talk with her if I have an issue with other students, the Souled Out staff, or anything else that could be issue-causing, frustrating, or otherwise alarming.
- 6.) If a piece of furniture pummels me and snaps because, well, I'm a muscular beast or window blinds mysteriously try to choke me in my sleep, or I otherwise break or damage something, I will tell Blaine as soon as possible – not on the way back on the bus.
- 7.) I will follow all camp rules. See page 6 of this document.

Student Signature _____ Date _____

Signature of parent or guardian _____ Date _____

Parental Consent for Medical Treatment

I, _____, the undersigned parent or guardian of _____, a minor, do hereby authorize adult workers of **St. Mark UMC youth** during Souled Out Summer 2023 (June 5-9, 2023) to consent to any examination, x-ray, anesthetic, medical or surgical diagnosis or treatment, and hospital care which is rendered under the supervision of any physician or surgeon licensed under the provisions of the Medical Practice Act on the medical staff of a licensed hospital, whether such diagnosis or treatment is rendered at the office of said physician or at said hospital.

Further, as parent or guardian of the minor named above, I do hereby expressly consent that during Summer Souled Out 2023 (June 5-9, 2023) my son/daughter may receive emergency medical treatment from any physician, hospital, or another medical center without the necessity of first notifying me, and do further agree to hold blameless the physician, hospital or another medical center for rendering such services.

Insurance Company and Group Number: _____

Policy Number: _____

(Please print the following information)

Name of Participant: _____

Policy Holder Name: _____

Policy Holder's Date of Birth: _____

Policy Holder's Social Security Number: _____

Address: _____

City: _____ State: _____ Zip: _____

Daytime Phone _____ Evening Phone: _____

Allergies: _____

Please list any medication(s) your child is currently taking below (NOTE: send all medication in the original package):

Drug Name: _____ Dosage: _____ Special Instructions: _____

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Signature of parent or guardian: _____ Date: _____